



# Holiday Guidance

FOR GATHERING SAFELY THIS SEASON

## MODERATE RISK ACTIVITIES

### LOW RISK ACTIVITIES

- Having a small dinner with only people who live in your household
- Preparing traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and delivering them without being in contact with others
- Having a virtual dinner and sharing recipes with friends and family
- Shopping online the day after Thanksgiving or the next Monday
- Watching sports events, parades, and movies from home

- Having a small outdoor dinner with family and friends who live in your community
- Hosting or attending a gathering? Always:



Wear a mask



Maintain 6 feet apart from people



Limit the number of people handling or serving food



Ask guests to stay home if they are sick



Limit contact with commonly touched surfaces or shared items (touchless garbage cans; disposable plates, cups and utensils; etc.)

- Visiting pumpkin patches or orchards where people:



Use hand sanitizer before touching pumpkins or apples



Are encouraged or enforced to wear masks



Able to maintain social distancing

- Attending a small outdoor sports events with safety precautions in place

### HIGH RISK ACTIVITIES

**AVOID THESE HIGHER RISK ACTIVITIES TO HELP PREVENT THE SPREAD OF THE VIRUS THAT CAUSES COVID-19:**

- Going shopping in crowded stores just before, on, or after Thanksgiving
- Participating or being a spectator at a crowded race
- Attending crowded parades
- Using alcohol or drugs, which can cause poor decision-making and/or risky behaviors
- Attending large indoor gatherings with people from outside of your household

