

When to Go to Work

Do you have symptoms of COVID-19?

Yes

No

TEST AND SELF-ISOLATE

All people with symptoms should be tested. People with pre-existing health conditions, immune compromised, over 60, live in a group home or other group setting, or frontline workers should get medical care immediately.

All people with symptoms should be in self-isolation. This means you cannot leave your home or isolation site and should stay away from all other people in every possible way. You should remain in isolation until the following conditions are met:

- It has been 10 days since symptoms began
- AND**
- You have had significant improvement in respiratory symptoms **WITHOUT** medication for at least 72 hours
- AND**
- You have had **NO FEVER** **WITHOUT** medication for 72 hours or more

Do you live with OR have you had contact with someone who has had symptoms of COVID-19?

Yes

No

Has this person been tested and is awaiting results, tested positive, or not tested for COVID-19?

Yes

No, tested negative

Yes

Have you been completely separated from this individual? Complete separation means **no contact of any kind**, including not sharing a bathroom, kitchen or any room for any length of time.

Yes

No

Have you travelled in the past 14 days?

No

QUARANTINE 3

For travel within the US, self-monitor symptoms for 14 days following your return. For travel outside the US, stay home for 14 days after arrival. At home, monitor your health and practice physical distancing. To protect the health of others, these travelers should not to go to work or school for 14 days.

SELF-OBSERVATION

Continue physical distancing and limiting trips and activities outside of the home. Continue to watch for symptoms. If you develop symptoms, immediately get tested and isolate yourself at home or an isolation site. Seek medical care if your symptoms become serious.

QUARANTINE 1

If you are **NOT** able to completely separate from the person who has symptoms or was diagnosed with COVID-19, **you can leave quarantine 14 days and go back to work after the other person is released from quarantine.**

QUARANTINE 2

If you are able to separate from the person who has symptoms or was diagnosed with COVID-19, **you can leave quarantine and go back to work 14 days after your last contact with the ill person.**

Quarantine is separation of a person or group of people that may have been in contact with a communicable disease but not yet showing symptoms, from others who have not been exposed to the disease, to prevent the possible spread of the disease.